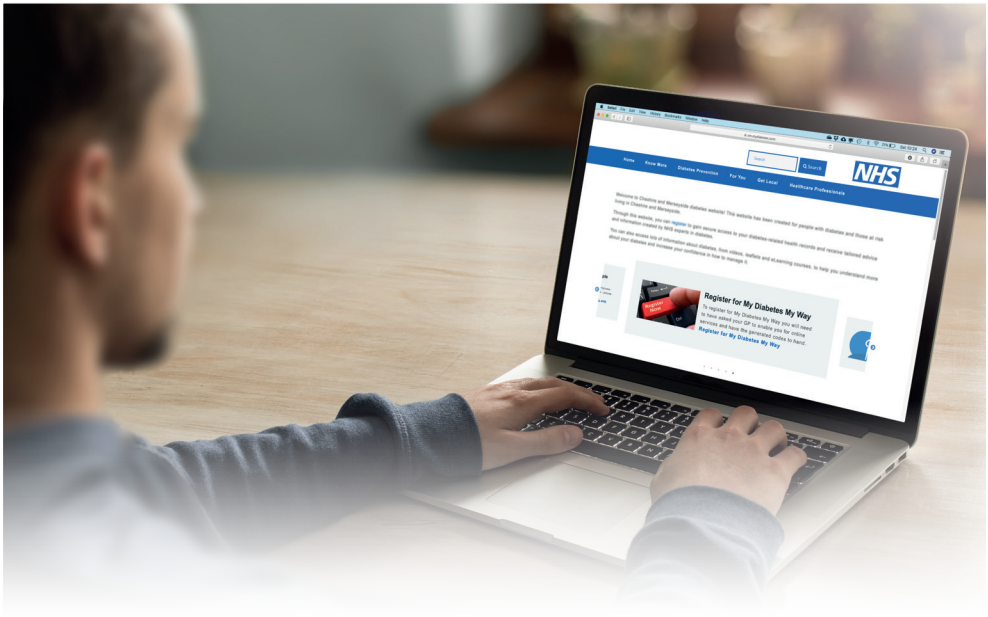
Healthier Lancashire & South Cumbria

NHS
North West Coast Clinical Networks

MyWay ★ Diabetes



Manage Your Diabetes Online

- ★ Access 100s of Educational Resources
- ★ Find out if your diabetes is on track
- ★ Access your health data securely
- ★ Enjoy more control over your health

CONTACT YOUR GP PRACTICE AS PART OF THE REGISTRATION PROCESS TO ENSURE YOUR ONLINE ACCESS & PERMISSIONS ARE IN PLACE

Register to access your diabetes results at:

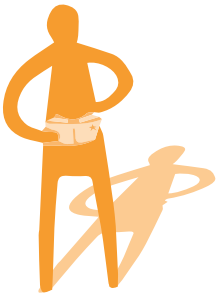
lsc.mydiabetes.com

MyWay ★ Diabetes

MyWay Diabetes is an easy to use service that helps people living with diabetes to improve their self-management of the condition.
It delivers:

★ Education

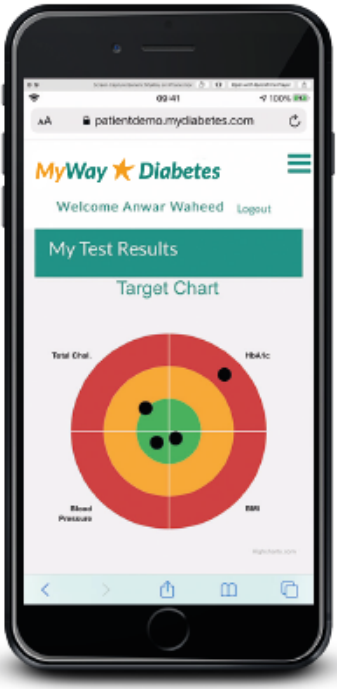
Access 100s of peer-reviewed educational videos, leaflets, games and online courses about diabetes diagnosis and treatment.



★ NHS Diabetes data access

Become an expert in diabetes management by securely accessing your NHS data such as blood tests, medications, screening results and home recorded blood glucose, weight and blood pressure results including:

- Simple explanations of all tests and why they're recorded
- Helpful tables and graphs
- Tailored advice on how to improve, and
- Personalised care reports.



★ **Convenience**
24/7 access in between clinic appointments.

★ **Insight**
Learn how to improve your self-care, leading to clinically-proven health benefits.

★ **Goals**
Set and monitor goals to support lifestyle change.

★ **Support**
Access to peer and NHS staff support to ask questions and request feedback.

★ **Secure and free**
MyWay Diabetes complements existing face-to-face care for diabetes. It uses industry standard security and is completely free for patients to use.

*"**MyWay Diabetes*** a multi-award winning, data-driven online diabetes self-management platform, now available across the North West Coast. ***MyWay Diabetes*** is designed, developed and overseen by NHS clinicians.

Evaluation of the platform in the NHS in Scotland has shown better self-management skills in people with diabetes using the site, improvements in blood glucose, blood pressure, weight and other important measures which can reduce your risk of developing complications.

We endorse and support the use of ***MyWay Diabetes*** and encourage anyone with diabetes or an interest in diabetes to utilise the site. Healthcare teams in the area will be strongly encouraged to promote this to patients."
NHS, North West Coast Clinical Network

PLEASE CONTACT YOUR GP PRACTICE AS PART OF THE REGISTRATION PROCESS TO ENSURE YOUR ONLINE ACCESS PERMISSIONS ARE IN PLACE

Specifically, the GP Practice needs to enable:

- online access (you may already have this if ordering online prescriptions)
- detailed records access for Labs, Results & Problems

MyWay Diabetes is delivered by MyWay Digital Health, a University of Dundee spin-out company.

MyWay digital health

Awards and support received from:

DIGITAL HEALTH & CARE INSTITUTE
Innovate UK Technology Strategy Board
SBRI HEALTHCARE
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DIABETES UK CARE. CONNECT. CAMPAIGN.
eHealth Adoption awards
AccelerateHER
Digital Health. London
The AHSN Network NHS England NHS Innovation Accelerator
SCOTTISH EDGE WINNER
QiC Diabetes

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